

# Pittsfield Township Senior Center

**Pittsfield Senior Center**  
 701 W. Ellsworth Rd.  
 Ann Arbor, MI 48108  
 (734) 822-2117

Pittsfield Charter Township provides many services to its residents. Among these services is a Senior Center that provides opportunities to adults 55 years of age and over. We are located at the corner of State Street and Ellsworth Roads.

Our goals are the effective involvement of older adults through meaningful activities and the creation of opportunities for growth, development and the maintenance of good health.

We strive to meet the needs of our older adults by providing social and recreational needs

**Older Adult Programs**  
 Carol Presley-Senior Coordinator  
 Cindy Deery-Program Developer  
 Elaine Cousino-Program Assistant

and physical activities, special events, supportive services, help in emergencies, volunteer and employment services, and travel. Anyone from any area may participate.

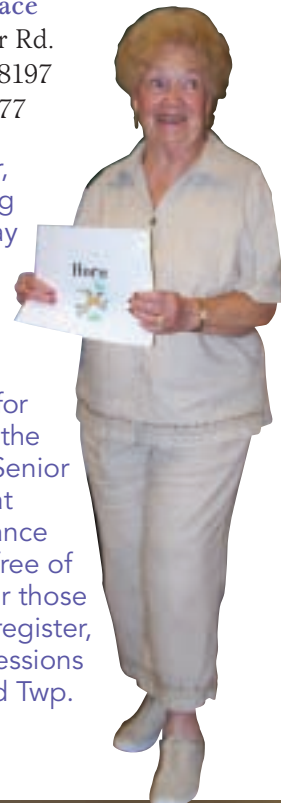
If you find it difficult to visit the center, we can provide you any Center information that you may need. Just give us a call!

New visitors and participants are always welcome and volunteers are always needed to help with the daily operation of our programs. Share your knowledge with friends by being a guest instructor for crafts,

**Carpenter Place**  
 3400 Carpenter Rd.  
 Ypsilanti, MI 48197  
 (734) 973-8377

ceramics, computer, cooking, or anything you think others may find interesting. We welcome your interest, help and suggestions.

To make it possible for adequate planning, the Pittsfield Township Senior Center requests that you register in advance for classes offered free of charge as well as for those requiring a fee. To register, call 822-2117. All sessions held at the Pittsfield Twp. Senior Center.



## COMPUTER CLASSES

The only prerequisite is that you take the free beginning computer class at the Ann Arbor District Library. "Computer John" will help answer your questions and attempt to solve any internet problems you might be having. We have four on-line computers in our lab. Don't be shy!

### SESSION

DAY: sign up in the office for times  
 INSTRUCTOR: John Vidolich

## DIGITAL CAMERA CLASSES

Gary Woolweaver has tips on how to use your digital camera as well as advice on what to look for if you want to purchase one.

### SESSION

DAY: Tuesday  
 TIME: 10:00 am - 12:00 pm

## "EXPRESS YOURSELF THROUGH DRAWING"

Bring an 8 1/2" x 11" sketch pad, No. 2 pencils, eraser and a desire to learn the basics of drawing.

### SESSION

DAY: Monday  
 TIME: 10:00 am - 11:30 am  
 INSTRUCTOR: Harold Sole

## PITTSFIELD SENIOR CENTER TURNS 30!

Celebrate with us September 9, 11 am - 2 pm  
 Check out the Senior Anniversary Year Book.

## HAPPY ANNIVERSARY PITTSFIELD SENIOR CENTER!



## FLU SHOT CLINIC

Flu shots are offered by Visiting Nurses Association. Free from Medicare part B and some HMO's. Questions? 822-2117

SESSION DAY: Wednesday, October 7  
 TIME: 9:30 am - 1:00 pm



## THE COUNTY NUTRITION PROGRAM

On Tuesdays and Thursdays, the Washtenaw County Senior Nutrition Program provides hot lunches at the Senior Center. To participate, you must sign up or call 822-2117, 48 hours prior to lunch. A \$2.50 donation for lunch is accepted. Lunch is served at 12:00 pm! Come early!

### COVER GIRLS QUILTING GROUP

First time quilters along with well accomplished quilters continue to work on quilts. Come get involved every Monday!

**SESSION** DAY: Mondays  
TIME: 9:30 am - 11:30 am

### WOODCARVING WOODIES

Folks are making wonderful and creative carvings in this class and you can be a participant. Open to all skill levels of woodcarving.

**SESSION** DAY: Mondays  
TIME: 9:30 am - 11:30 am

### LINE DANCE

Yes, you can join this fun loving class. The only requirement is a smile and giggle!

**SESSION 1 (BEGINNER)** DAY: Mondays  
TIME: 2:00 pm - 3:00 pm

**SESSION 2 (CONTINUING)**  
DAY/TIME: Mondays, 3:00 pm - 4:00 pm  
DAY/TIME: Tuesdays, 9:30 am - 12:00 pm



### CREATIVE WRITERS OF PITTSFIELD SENIORS

This is an eclectic group of authors that welcomes you to a Monday morning

read and write fest! Let your peers provide you with insight, humor and gentle critiques of your written works.

**SESSION** DAY: Mondays  
TIME: 10:00 am - 12:00 pm

### "OUT TO LUNCH BUNCH"

Group meets once a month and carools to local eateries. Always good fun, good food, and good friends. Call Cindy and sign up!

**SESSION** DAY: 3rd Fridays

### BRIDGE GROUP

Some experience required to join this group. Improve your play, or just play! Come a little early. Meet new players and old friends!

**SESSION** DAY: Tuesdays  
TIME: 12:45 pm - 3:30 pm

### TAI CHI

Learn the health benefits that emanate from the practice of this ancient Chinese art. No experience or particular athletic ability is required. This program is run through Washtenaw Community College for beginners and intermediates. Join this growing group. Beginning September 14.

**SESSION** DAY: Mondays  
TIME: 12:00 pm - 2:00 pm

### Wii BOWLING

Join us for some bowling with the Wii. Sign up deadline for Fall League play is September 4. League play begins the week of September 14. Substitutes are always welcomed!

### EUCHRE

Calling all euchre players! Tuesday is the day—the Center is the place!

**SESSION** DAY: Tuesdays  
TIME: 12:45 pm - 3:30 pm

### PITTSFIELD PIPERS

The recorder is a simple early flute. Learning to play is not difficult. Some musical background is helpful, but not necessary. Play resumes September 14th.

**SESSION 1 (BEGINNER)** DAY: Monday  
TIME: 1:00 pm

**SESSION 2 (PREMIER PIPERS)** DAY: Monday  
TIME: 1:30 pm

**SESSION 3 (CLASSICAL RECORDERS)** DAY: Monday  
TIME: 2:00 pm

**SESSION 4 (PITTSFIELD PIPERS)** DAY: Monday  
TIME: 2:30 pm  
INSTRUCTOR: Mary Ellen Hagel

### BROWN BAG BOOK CLUB

Bring a snack to share. Check in the office as to what book will be selected for review. Your smile and opinion is important to us.

**SESSION** DAY: 1st Wednesday of the Month  
TIME: 10:30 am

### MAH JONG LESSONS AND PLAY

You'll enjoy this wonderful ancient Chinese game whether you need to be taught or just want to play. Give Cindy a call at the Senior Center.

**SESSION** DAY: Mondays  
TIME: 1:00 pm - 3:00 pm



## MEN'S CLUB

Meet with other men for camaraderie and conversation. Make new friends.

**SESSION** DAY: Wednesdays  
TIME: 3:00 pm - 5:00 pm

## WATERCOLOR CLASSES

Beginners and advanced artists are welcome to join us for the fun art of watercolor! Occasional demonstrations from students and guests. Learn to mat your work on the 4th Wednesday of the month.

**SESSION** DAY: Wednesdays  
TIME: 9:30 am - 11:30 am



## B-I-N-G-O THURSDAYS

Fun 'Big Bucks Bingo.' Come join the fun. Bring a snack to pass. Be sure to come early, B-4 it's too late!

**SESSION** DAY: Thursdays  
TIME: 1:00 pm - 3:00 pm  
FEE: \$2.25/person



## FLOWER ARRANGING

Join Adele Leblang, retired florist and former shop owner, for the how-to's of floral design and take your arrangement home.

**SESSION**  
DAY: Thursdays  
TIME: 9:30 am - 11:30 am  
INSTRUCTOR: Adele Leblang  
FEE: \$10 payable to the instructor day of the program for supplies.

## ABC QUILTERS

The Local Chapter of this international group of volunteers makes quilts for local programs serving sick and needy babies. No sewing experience required; training is provided. Great opportunity for creativity while providing a very worthwhile service to our community.

**SESSION** DAY: Thursdays  
TIME: 1:00 pm - 3:00 pm

## NEW! BEGINNING COLORED PENCILING

You will learn about the color wheel, different techniques including burnishing, blending, and mixed colors (yes you can do that in pencil!) Colored pencil is a great way to begin to learn to paint without the mess of water and solvents. Many lessons learned in class are transferrable to other mediums. If you already paint, but find that you like to paint very "tightly" and use a lot of "detailing", you may find that this medium is right up your alley. You will have a final project after this 6 week class. Register in the office for \$30/6 week session. Instructed by local artist, Kathe Suddendorf.

**SESSION 1**  
DATE: September 11 - October 16 (6 wks), Friday  
TIME: 1:00 pm - 4:00 pm

**SESSION 2**  
DATE: October 23 - December 4 (6 wks), Friday  
TIME: 1:00 pm - 4:00 pm

## Wednesdays Are Special At The Senior Center

The **First Wednesday** each month will be "Game Day". Uno, Wii, and Euchre tournaments, plus other boardgames including cribbage, mah jong and checkers. Bring a snack to share! Check the newsletter for special game days.

The **Second Wednesday** our volunteer nurses will help you stay healthy by checking your blood pressure from 10:30 am - 11:30 am. Plan to stay for Potluck! Bring a dish to pass that serves 8-10, a sense of humor and adventure. After lunch there will be a different program each time, including seasonal parties, educational speakers, entertainment, or just wild and wacky fun! Check the newsletter for each month's offering.

The **Third Wednesday** is the Pittsfield Red Hat Ladies. Ladies, bring your favorite hat, a dish to pass, and a smile! The program differs each month so watch the monthly newsletter.

The **Fourth Wednesday** is another fun Potluck—meet your friends here for a great afternoon! Again, check the newsletter for the potluck activity!

The **Fifth Wednesday** of a month sends us off to a Local Restaurant. A sign-up sheet is in the office so we can tell the restaurant how many are coming. Always fun! Carpooling and rides take place at the Center.

Always check the monthly newsletter for our latest plans and events!

Monthly newsletters are available online at [www.pittsfieldtp.org/departments/sup/parks/senior\\_html](http://www.pittsfieldtp.org/departments/sup/parks/senior_html)

**“Why I attend the Senior Programs and Activities... My wife and I joined the Senior Program in 1988. We both enjoyed the fellowship, the leadership and the travel through the Senior Program. We are proud of our Pittsfield Recreation and Senior programs. We have been very pleased with both Dan (Cooperrider) and Carol (Presley) with their leadership. We have enjoyed it so much that we led a number of our church friends to join. We encourage all seniors to come take a look at the programs, you’ll enjoy it! We welcome you!”**

~Harold Sole, Pittsfield Township Resident

## PINOCHLE

Our pinochle group is growing! Some experience needed!

**SESSION** DAY: Fridays  
TIME: 1:00 pm - 3:30 pm

## BASKETWEAVING

Create beautiful baskets that are both functional and decorative. Helen Lauterwasser will show you how. Limited space for NEW basket makers. Please sign up in the office if you are new.

**SESSION** DAY: 2nd & 4th Thursdays  
TIME: 9:30 am - 11:30 am  
FEE: \$20 payable to the instructor first day of the program for supplies.

## CERAMICS

Newcomers and experienced students welcome.

**SESSION** DAY: Fridays  
TIME: 9:30 am - 11:30 am

## FREEBIE FRIDAYS

This event will continue once a month. Bring good items that you no longer want, but you think someone else can use. Bring a dish to pass.

**SESSION** DAY: First Friday of the month  
TIME: 10:30 am

## SIT & KNIT

No experience required. Our group is willing to teach newcomers how to knit. Don't be shy if you crochet, you are welcome too! Or help sew our squares together to make afghans for local charities.

**SESSION** DAY: Fridays  
TIME: 1:00 pm - 3:00 pm

## FITNESS & WELLNESS

Sponsored with Washtenaw Community College, let Nia Aguirre help you “get the kinks out” by helping with your strength, balance, flexibility and discuss a variety of health and nutrition topics. Nia will be back September 18.

**SESSION** DAY: Fridays  
TIME: 1:00 pm - 2:30 pm  
INSTRUCTOR: Nia Aguirre

## BREAKFAST CLUB

Join us for “coffee and conversation” or “tea and talking”. Specially cooked breakfast, be it eggs, bacon, sausage, waffles, french toast or pancakes—new menu each month! We'll cook the food, you provide the good company!

**SESSION**  
DAY: 3rd Wednesday of the Month  
TIME: 8:30 am  
FEE: cost for meal

## OIL PAINTING POTPOURRIERS

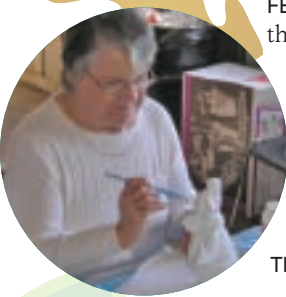
Need some help to finish an old oil painting you just couldn't get finished? Or want to try something new? Ed Foltin will be available to help. Give it a try!

**SESSION** DAY: Wednesdays & Fridays  
TIME: 9:30 am - 11:30 am

## HATHA—YOGA

A delicious way to move your body. This gentle approach to yoga promotes relaxation and circulation, increases flexibility and reduces stress. Wear comfortable, loose clothing and socks. Bring a mat, blanket or towel.

**SESSION**  
DAY: Fridays  
TIME: 9:30 am - 11:00 am  
INSTRUCTOR: Suzanne Willets-Brooks  
FEE: \$6/person/week



## SENIOR TRIPS

### OCTOBER 9 ~ BLAKE'S APPLE ORCHARD

Enjoy a wagon ride into the orchard for picking apples. See the farm animals and have some homemade refreshments, cider and donuts.

Visit the pumpkin patch and pick a pie pumpkin. Lunch at a local restaurant.

RESIDENT FEE: \$54  
NON-RESIDENT FEE: \$59

### NOVEMBER 1 ~ DETROIT LIONS GAME

Come cheer on the Lions as they battle the Cleveland Browns!

RESIDENT FEE: \$84  
NON-RESIDENT FEE: \$89

### DECEMBER 8 ~ THE NEW ODYSSEY CHRISTMAS SHOW!

Come to Frankenmuth – 3 musicians – 30 instruments! A wonderful Christmas treat!!

RESIDENT FEE: \$59  
NON-RESIDENT FEE: \$64